

5th Grade Family Life (girls)



Class # 1



Ground Rules

01 NO put-downs:
This is a SAFE place.

02 We protect people's privacy.

03 Use proper terms versus
slang.

04 Giggling is OKAY!



Purpose of this Unit

- We are learning factual information versus what you may have “heard” from classmates, friends, or siblings.
- The information taught is not based on opinions.
- It helps build a level of comfort when asking questions and discussing things that may be uncomfortable.
- The more information you **HAVE** the better decisions you will **MAKE!**



Goals for Class # 1

Students will learn definitions of:
Puberty, role of hormones, sexual
development, sexual orientation/
gender identity, gender stereotypes.

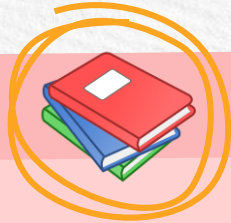




Words & Definitions



Let's get started...



Puberty: the name for the time when your body begins to develop and change as you move from kid to adult.



Common Sexual Development:

- Prior to 4 years old: asking questions about body parts and body functions.
- 4-6 years old: Exploring body parts with peers through common games such as playing "doctor."
- 7-12 years old: Wanting more privacy. The beginning of sexual attraction to peers. Exposed to more sexual content (via TV, internet, social media.)



More definitions...



Hormones

-Special chemicals your body makes to help it do certain things - like grow up! -Important when you start to go through puberty, which is when you begin developing into an adult. -They tell your body that it's time to start changing.



Sexual Orientation Gender Identity

Sexual orientation is a part of identity that includes sexual and emotional attraction to another person. Gender identity is one's self-identification as male, female, or an alternative gender.



Gender Stereotype

A generalized view or preconception about attributes or characteristics. These are the roles that "should be" possessed by women and men or the roles that "should be" performed by men and women.

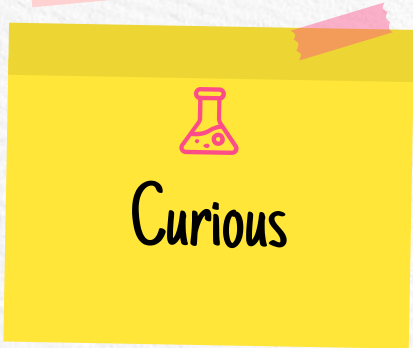
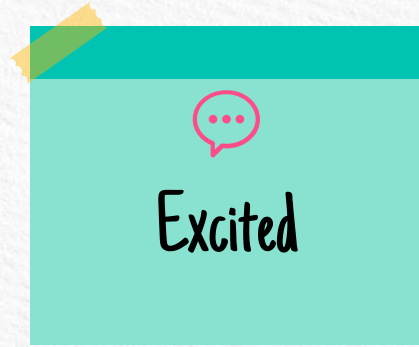
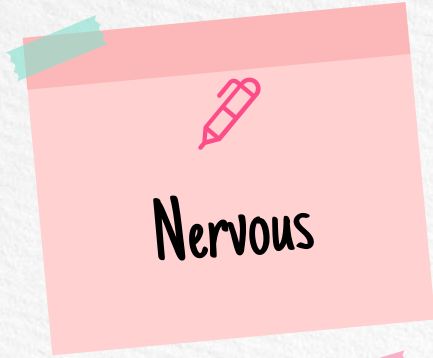


What does puberty look like for girls?



- Grow taller
- Weight gain is normal
- Hips get wider
- Hair and skin become oily and you may get pimples
- May have mood swings, sexual thoughts and feelings
- Menstruation (period) begins
- Hair growth under armpits and in pubic area
- Hair on arms and legs may grow darker
- Breast and nipple development

Emotions during this time...



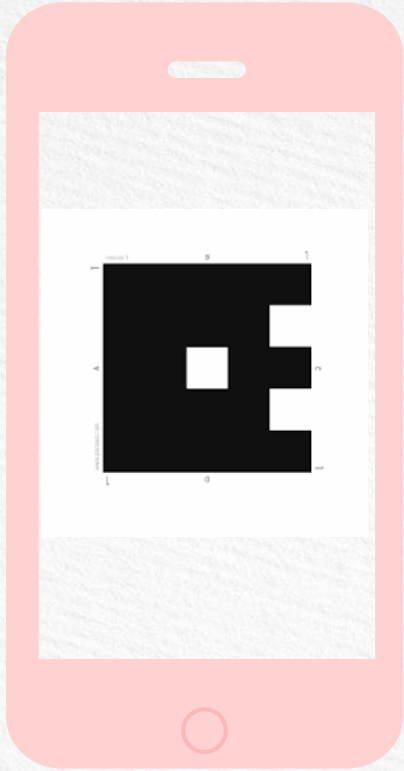
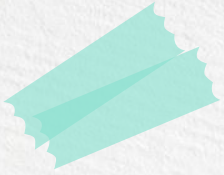


Video

Puberty- It's Normal!

Goal of the Video:

Assure you that however YOU
experience puberty, it is **NORMAL**.



INDEPENDENT & SILENT review to check on the understanding of topics taught. A question will come up and the students will individually answer by holding up a card in a specific direction to reveal their choice. Only the teacher knows how each student answered by scanning the cards with an iPad or iPhone and getting immediate feedback.

Plickers Review



Final Part of Class #1: Q & A

Q

Questions via index cards:

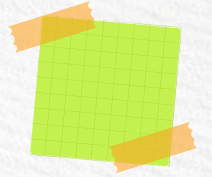
- ALL index cards will be collected whether a question has been written or not to keep the anonymity of the question.
- Mrs. Dolianitis will preview any questions and the ones that pertain to our goals for the lesson will be answered.

&


A

Questions asked aloud:

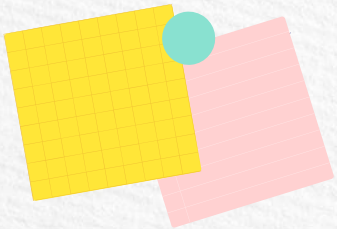
- Any hands up will be called on for a verbal question to be asked.
- Questions pertaining to the topics learned during the class will be answered based on facts and the information given.
- Questions that go outside the scope of information designed for the lesson will not be answered and the students will be encouraged to ask their guardians about the information in question.
- Question you don't want to say out loud, find me and ask me privately... same rules about the topic of the question.

A large yellow sticky note is pinned to the center of the page with a pink pushpin on its left edge. The text on the note is written in a black, casual script font.

5th Grade Family Life (girls)

The text is centered on a teal brushstroke background that consists of two overlapping horizontal strokes.

Class # 2



LET'S REVIEW OUR GROUND RULES!



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slang.

04 Giggling is OKAY!



Goals for Class # 2:

Students will be able to understand:

- Ways pregnancy can occur.
- Sexual intercourse
- Human reproduction
- The relationship between sexual intercourse and human reproduction.





Words & Definitions



Definitions:

Relationship

Relationship between sexual intercourse and human reproduction: It is through sexual intercourse that human reproduction occurs.

Human Reproduction

Human reproduction: Human reproduction is when an egg cell from a woman and a sperm cell from a man unite and develop in the womb to form a baby.

Sexual Intercourse

Sexual contact between a man and a woman involving the insertion of a man's penis into a woman's vagina.

Pregnancy

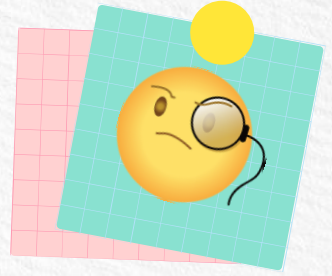
Sexual intercourse
IVF
Surrogacy.

Pregnancy



IVF

In Vitro Fertilization: A medical procedure where an egg and sperm are fertilized outside of the body.



Surrogacy

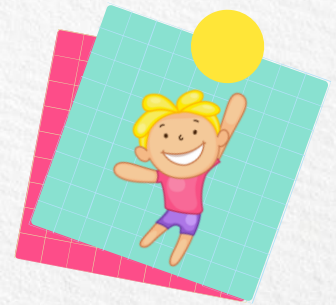
Surrogacy is a type of pregnancy where a woman carries and gives birth to a baby for another person.

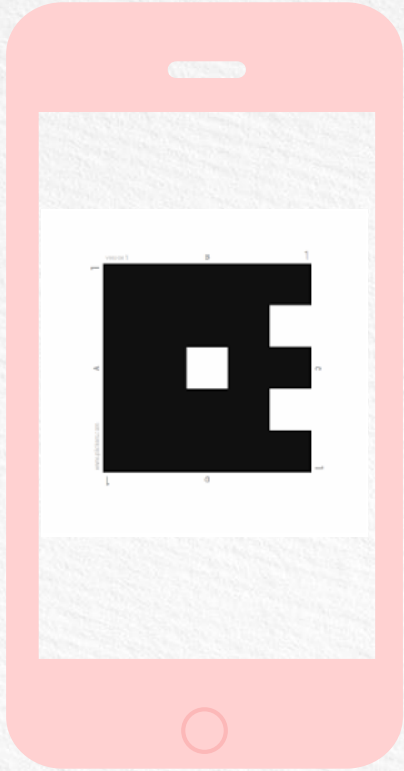
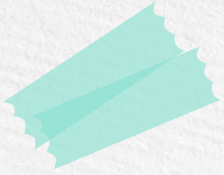


VIDEO
TIME!

Goal of the Video: Clarify/further explain human reproduction.

Human Reproduction





Plickers Review

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- Questions you don't want to ask out loud can be asked privately to Mrs. Dolianitis. Questions will be answered so long as they pertain to the topics taught.





This unit is **COMPLETE!**
You did it!

